

C-8056

Sub. Code

97311

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2022**

First Semester

Family Therapy

INTRODUCTION TO FAMILY COUNSELLING

(2018 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is counselling?
2. Write any two difference between advice and counselling.
3. What is EISPU?
4. Give a note on 'Attending skills'.
5. What do you mean 'immediacy'?
6. Define: Advanced empathy.
7. What is family counselling?
8. State some of the psychological games.
9. Define : Family.
10. Write the merits of marriage.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write the difference between counselling and psychotherapy.

Or

- (b) Give the need and scope of counselling.

12. (a) Describe the types of counsellor responses.

Or

- (b) How to write Verbatim reports of the counselling sessions?

13. (a) Explain the genuineness and Concreteness in counselling.

Or

- (b) Describe the challenging and self-disclosure in counselling.

14. (a) Discuss the dynamics of family interactions.

Or

- (b) Elaborate the Ego states.

15. (a) Bring about the characteristics of marriage.

Or

- (b) Differentiate the feelings from emotions.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the history and evolution of counselling.

Or

- (b) List out the Ethics in counselling profession.

17. (a) Discuss in detail about the counselling format.

Or

- (b) Explain the basic skills of counselling.

18. (a) Elaborate the demonstration and practice of counselling.

Or

- (b) Discuss the family life cycle and tasks.

C-8057

Sub. Code

97312

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2022**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES
OF FAMILY COUNSELLING-I**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define : Psychoanalytic.
2. What is family counselling?
3. Define : Self Psychology.
4. State the Goals of Therapy.
5. What is Imago?
6. Define : Empathy.
7. Write a note on 'Murray Bowen'.
8. What is Emotional fusion?
9. Give the objectives of therapy.
10. What is Genograms?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the psychoanalytic family counselling.

Or

- (b) Discuss the sketches of leading figures.

12. (a) Describe the Normal family development.

Or

- (b) Elaborate the Treatment techniques.

13. (a) Describe the attachment of family life.

Or

- (b) Point out the five basic Tenets of Imago therapy.

14. (a) Give notes on 'Family projection process'.

Or

- (b) Describe the basic types of sibling position.

15. (a) How do problems arise? – Discuss.

Or

- (b) Explain the going home task.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss about the Freudian Drive psychology.

Or

- (b) Describe the development of behaviour disorders.

17. (a) Explain the Intentional Dialogue process.

Or

(b) Describe the conflict and communication problems.

18. (a) Elaborate the societal emotional process.

Or

(b) Explain the multiple family therapy.

C-8058

Sub. Code

97313

**CERTIFICATE COURSE EXAMINATION,
NOVEMBER 2022**

First Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – II**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define family counselling
2. What is meant by stress
3. What is called ropes?
4. Mention the treatment techniques in family counselling
5. What meant by structural family counselling
6. Give an example for behavioural disorder.
7. Define accommodation.
8. Write a note on unbalancing
9. What do you mean by reinforcement in family counselling
10. Write about cognitive behavioural approach.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the experimental family counselling

Or

- (b) Write a note on double bind.

12. (a) How can we reconstruct the family in counselling?

Or

- (b) Explain the affective confrontation.

13. (a) Explain the theoretical formulations of structural family counselling.

Or

- (b) Enumerate the sub systems in family structure.

14. (a) Differentiate joining and accommodating as counselling techniques.

Or

- (b) Explain the boundary making in treatment techniques.

15. (a) Write an essay about behavioural couples counselling.

Or

- (b) Discuss sketches of leading figures in family counselling

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the functional Vs dysfunctional communication in families.

Or

- (b) Treating children like children and not peers? Give your opinion.

17. (a) Explain the boundaries involved in family counselling

Or

- (b) Explain the following

(i) Responses

(ii) Development of behavioural disorders as key concepts in family counselling

18. (a) Analyse the treatment of sexual dysfunction in cognitive behavioural family counselling

Or

- (b) Explain the following techniques in year own

(i) Working with interaction

(ii) Highlighting and modifying interactions.

C-3080

Sub. Code

97321

**CERTIFICATE COURSE EXAMINATION,
APRIL 2022**

Second Semester

Family Therapy

**PRINCIPLES AND TECHNIQUES OF FAMILY
COUNSELLING – III**

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Mention the symptoms of dysfunctional families.
2. What is psychodrama?
3. What are the characteristics of wealthy family?
4. Write a short note on single parent families.
5. What is image therapy?
6. What are the basic tenets in family counseling?
7. Write a short note on interest in changing behaviour.
8. What is meant by gestalt therapy?
9. Define genetic counselling.
10. What do you mean by network therapy?

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Describe pretend techniques.

Or

- (b) Enumerate paradoxical intervention strategies.

12. (a) Describe the special techniques of family therapy.

Or

- (b) Explain the life cycle of dysfunctional families.

13. (a) Explain the characteristics of poor families.

Or

- (b) Explain ordeal therapy.

14. (a) Explain the process of image therapy.

Or

- (b) Describe the basic beliefs in family counselling.

15. (a) Explain the positive interpretation treatment techniques.

Or

- (b) Describe Jay Haley of family counselling strategy.

Part C

(3 × 10 = 30)

Answer **all** questions, choosing either (a) or (b).

16. (a) Explain network therapy with suitable examples.

Or

- (b) Discuss the psychoanalytic family counselling.

17. (a) Describe reframing treatment techniques.

Or

(b) Explain family counselling and genetic counselling.

18. (a) State the strategic family counselling of cloemadanes.

Or

(b) Discuss the new emergences in family sculpture.

C-3081

Sub. Code

97322

**CERTIFICATE COURSE EXAMINATION,
APRIL 2022**

Second Semester

Family Therapy

SKILLS OF FAMILY COUNSELLING

(2018 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write the squiggle components of psycho geometric.
2. What do you mean by love languages?
3. Write short note on intimacy.
4. Define conflict management.
5. Write the skills of positive communication.
6. What is language of gift?
7. What is mean by aspects of love?
8. Define parenting skills.
9. Write short notes on commitment.
10. List out the five models of conflict management.

Part B

(5 × 5 = 25)

Answer **all** questions, by choosing either (a) or (b).

11. (a) What are the circle and triangle components of psychogeometric?

Or

- (b) Explain the language of affirmation.

12. (a) Describe the different types of personality.

Or

- (b) Explain the language of touch.

13. (a) How will you developing the holistic love?

Or

- (b) Explain conflict styles.

14. (a) Describe the positive communication.

Or

- (b) What are the square and rectangle components of psycho-geometric.

15. (a) Explain the parenting skills.

Or

- (b) Describe the aspects of love.

Part C

(3 × 10 = 30)

Answer **all** questions, by choosing either (a) or (b).

16. (a) Explain the history of psychogeometric.

Or

- (b) What is conflict management? Explain it styles.

17. (a) Describe the issues in parenting.

Or

(b) Explain the effective conflict management.

18. (a) Describe the commitment.

Or

(b) Explain any three models of conflict management.
